AED Defibrillator Locations

- An Automatic External Defibrillator (AED) can save a life when someone's heart has stopped (cardiac arrest).

- **Jackton & Thorntonhall Community Council** has provided a public access defibrillator for each village.

- Please take the time to locate the one closest to you in case of an emergency (see maps overleaf). Look for the yellow cabinets.

- AEDs are easy to use, compact, portable and very effective. They are designed to be used by lay persons; the machines guide the operator through the process by verbal instructions and visual prompts. They are safe and will not allow a shock to be given unless the heart's rhythm requires it. They are most effective if combined with CPR (cardiopulmonary resuscitation).

- If you are interested in a Basic Life Support course that covers CPR and the use of the AED defibrillator, please contact Janice Edwards (jassied@gmail.com) to enrol.

- ***Remember, you could be the one on whom another person's life may depend. Please learn how to give them the best chance of surviving!***

Defibrillator
Heart Restarter

**Anyone can use it
No training necessary
For an unconscious person
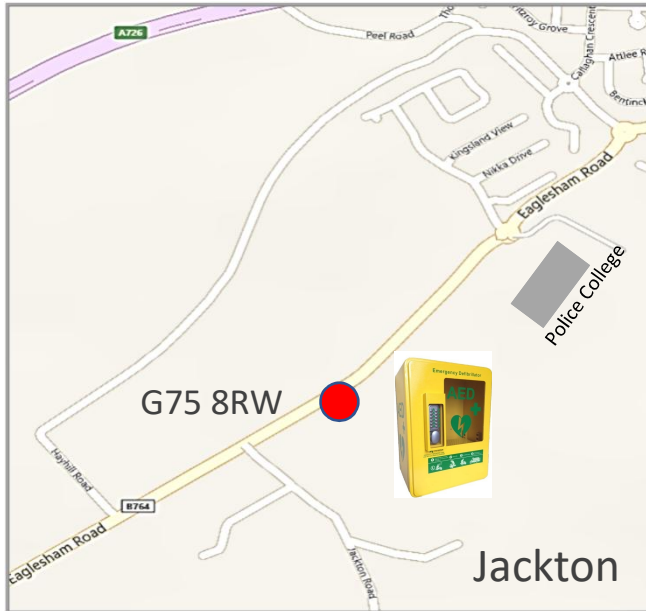NOT breathing**

➡ Call **999**
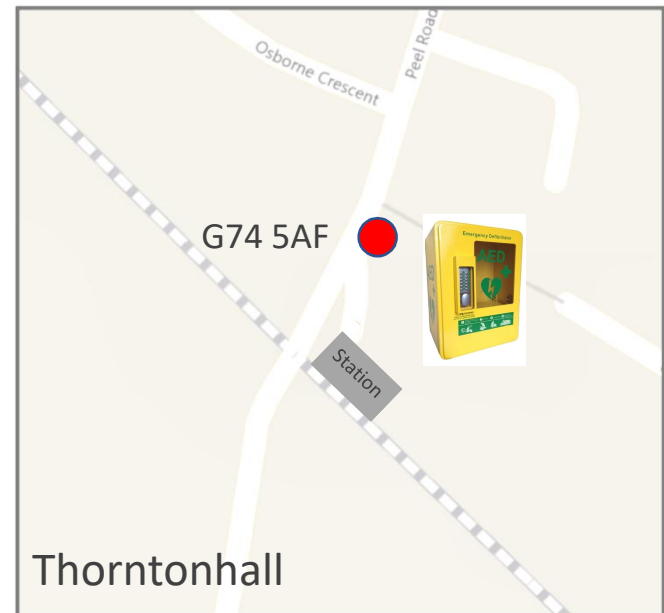
➡ Start **CPR**

➡ Switch defibrillator **ON**

➡ Follow instructions

Issued by Jackton & Thorntonhall Community Council. We are grateful for the support of the British Heart Foundation and Scottish Power Energy Networks in providing these facilities. For more information, visit www.jackthorn.org

A few metres north of the entrance to Thorntonhall Railway Station, adjacent to 59 Peel Road, Post Code G74 5AF.

G75 8RW

Jackton

On Eaglesham Road, at the entrance to the Scottish Power installation at the site of the former Jackton Primary School, adjacent to 333 Eaglesham Road, Post Code G75 8RW.

G74 5AF

Thorntonhall